

# INTEREST GROUP INFORMATION

INFORMATION SUBJECT TO CHANGE AT SHORT NOTICE

## THESE GROUPS ARE FOR PAID UP MEMBERS ONLY

If you would like to join Isle of Sheppey u3a please email us on [isleofsheppeyu3a@gmail.com](mailto:isleofsheppeyu3a@gmail.com)

**Members: 2025/26 subs are due on 1<sup>st</sup> April 2025 and are £20 for the year. Subs reduced if joining after 1 October each year.**

**REQUEST A PLACE:** Information regarding these groups may be subject to change without notice.

Please note that you will need to request a place on any of these groups prior to attending so put your name on our register by the notice board at our meetings or email us on: [isleofsheppeyu3a@gmail.com](mailto:isleofsheppeyu3a@gmail.com)

We run separate lists for each of our groups, if you have put your name down but not yet been contacted by the group facilitator then please let us know. You will only receive current information about those groups you have joined.

### Art For Fun: Jan

**Meets:** Weekly on a Wednesday/Thursday afternoon

**Venue:** Jan's house in Milstead, Sittingbourne

**Time:** 2pm-4pm

**Cost:** Perhaps the occasional cake or a bottle of wine



Practise your water colour painting in a small group suitable for all levels from beginners to proficient amateurs. Jan is the facilitator and is an accomplished water colour artist she will provide guidance for group members.

### Book Club: Val

**Meets:** Third Tuesday afternoon each month

**Venue:** Minster Library

**Time:** 2.15pm

**Cost:** Donations for tea & biscuit



Currently **FULL**

This popular group like to try a variety of book genres and Val arranges for Minster Library to provide the enough books for the group to read. The group discuss the book the following month.

### Conversational French: Helen

**Meets:** Thursday afternoon weekly (except the fourth)

**Venue:** Member's homes

**Time:** 2.30-4.30pm

**Cost:**



Helen is the facilitator for this group. If you have at least a basic level of conversational French, why not join this group to improve your speaking skills

## Crafty Ideas: Jean

**Meets:** Third Thursday afternoon each month  
**Venue:** Sheerness East Working Men's Club  
**Time:** 1-30pm – 3.30pm  
**Cost:** Purchase own refreshments



Linda and Jean enjoy their “crafty” hobbies from baking, icing, knitting, sewing, making cuddly toys and lots more. The group is for those who wish to get together to learn to create crafty items and pass on their skills and knowledge in an informal and sociable environment.

## Crib: Mike

**Meets:** First Friday afternoon each month  
**Venue:** Abbey Hotel  
**Time:** 2 – 4pm  
**Cost:** Purchase own refreshments

Enjoy a game of sociable game of crib with your fellow members. Beginners and experienced players are all welcome.

## Flower Arranging: Sharon

**Meets:** Second & Fourth Tuesday afternoon each month  
**Venue:** Sheerness East Working Men's Club - Halfway  
**Time:** 1.30 – 3.30pm  
**Cost:** Purchase own refreshments



Learn how to make some great flower arrangements from some greenery from your garden and a bunch of flowers from the supermarket. Sharon, the facilitator ensures that the emphasis is on trying out difference arrangements of flowers for a variety of occasions in a social atmosphere.

## Ladies That Lunch: Sharon

**Meets:** Thursday afternoons, date and time as arranged.  
**Time:** Usually 1.30pm  
**Cost:** Depends on venue and choice.



Why not join with your fellow u3a lady members for a sociable get together for lunch. Lunch will be at various venues as discussed by the group.

## Monday Walks: Heather

**Meets:** Weekly on Monday mornings at various places both around the Island and further afield.  
**Time:** 10.30am  
**Cost:** Purchase own refreshments



This walk generally takes around 60-90 minutes and is approximately 2.5 – 3 miles long. Walks take place both on and off the Island, incorporating some history walks where possible. All walks vary in activity level and usually a shorter, slower walk is available for those less active. Registered group members will receive a weekly email with details of the walk and meeting point.

## Scrabble: Val

**Meets:** First Thursday morning  
**Venue:** Sheerness East Working Men's Club - Halfway  
**Time:** 10am-12 noon  
**Cost:** None



This scrabble group is suitable for all levels from beginner up. Why not expand your knowledge while enjoying a fun word game with others? Refreshments available.

## Social History: Celia

**Meets:** Third Friday afternoon each month  
**Venue:** Sea Cadet Unit Barton's Point  
**Time:** 2 – 4pm  
**Cost:** £2 includes tea/coffee & biscuits

This group has recently started – members chose to research a subject in advance and discuss at the meetings.

## Sunday Lunch @ The Masonic Club: Sally

**Meets:** Sunday afternoon as arranged  
**Venue:** Masonic Club Sheerness  
**Time:** 12.30 – 4pm  
**Cost:** TBA

Sunday lunches are held approximately every two months as arranged. The meal is carvery style with a choice of meats and a good selection of vegetables. There is a choice of desserts and cheese and biscuits and finished with tea/coffee and mints. Please notify of any specific food allergy/requirements

## Wine Appreciation: Ken

**Meets:** Friday afternoon/evenings  
**Venue:** Various locations on the Island.  
**Time:** Usually 3pm or 6pm  
**Cost:** According to room hire and food



The group is facilitated by Ken who has a wealth of knowledge on wines throughout the world. He organises the venue and selects the wines from different countries, in advance, each week. Members purchase these wines which are then sampled by members of the group for their opinion. The wines are then graded according to individual sight, taste, smell and value.